

SASH Beat

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Leadership Letter

Although summer has just begun, the SASH admin team is already looking ahead with excitement to this fall's SASH conference!

[Full Letter Here](#)



SASH Conference

September 29 and September 30
Virtual

We are thrilled to welcome Michael Verde for our keynote presentation, ***Love is Listening: Dementia without Loneliness***

Stay updated at the [STAR Conference Page](#) for more details as they are confirmed!

SASH Flash

Options for Upcoming Months

[SASH Flash STAR Page](#)



Tips to Boost Health
Brain Healthy Habits
Summer Word Search



Falls Prevention Handouts
Summer BBQ Side Dish
Staying Steady

Hot Weather Preparedness

As we head into summer months, we want to share information about hot weather preparedness.

- Hot Weather Preparedness Webinar
- Population Most Affected
- Symptoms and First Aid
- And More!

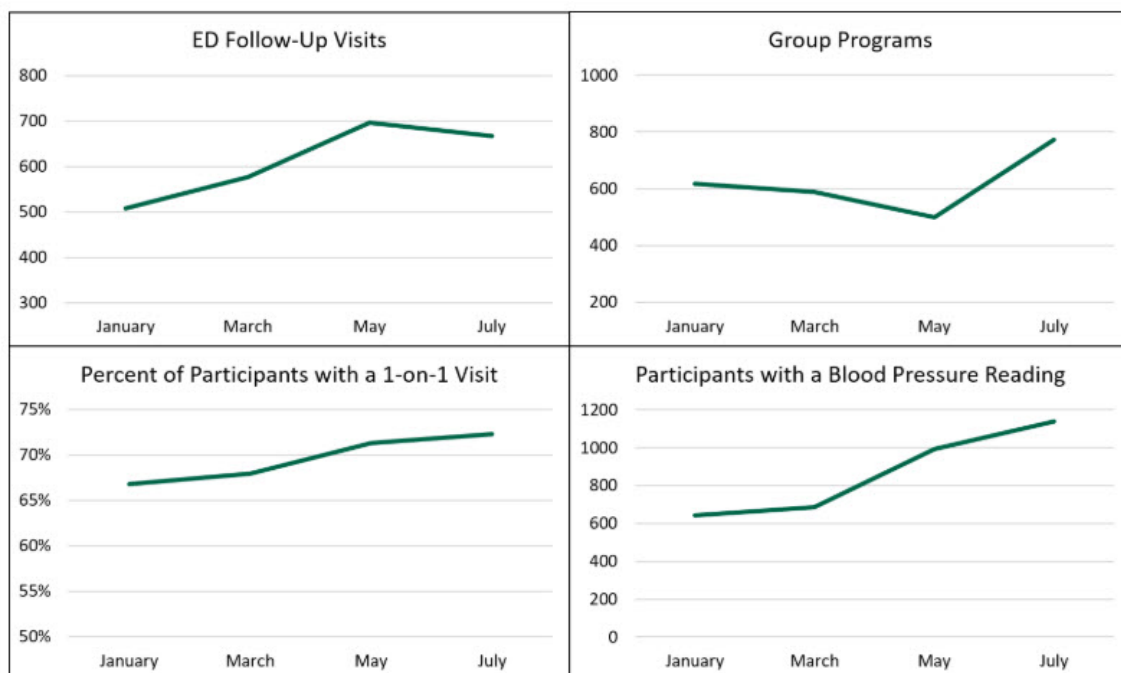


[All Hot Weather Resources Here](#)

Program Impact Snapshot

January - June 2026

What stands out is the increase in group programs – nearly 800 groups were offered across SASH in the last two months! The ability to enter group programs in FAMCare is so important for showing what SASH does for participants. These groups foster social connections, promote physical wellness, provide emotional support, and so much more. Thank you for taking the time to document these groups, and for all the great work you do!



SASH Spotlight - Carol Keefe

Rutland Housing Authority

For the past 15 years, Carol has served as both a SASH Coordinator and Implementation Manager in Rutland, helping shape the growth and success of the SASH program in the region.

As Carol begins a new chapter as Resident Relations and Wellness Manager at the Rutland Housing Authority, she leaves behind an incredible legacy of collaboration, innovation, and dedication to helping older adults live healthier, more independent lives.



[Full Article Here](#)

Wellness Nurse Corner

Check out the [Nurse Newsletter](#) for great resources on:

- Training on THC and CBD products
- Benefits of Dancing
- Chia Pudding Recipe

[What Keeps Older Adults from Seeking Mental Health Care?](#)

Pre-Panel Review Questionnaire

Beginning in **July 2026**, the SC & WN Pre-Panel Review JotForm will be updated to support more efficient and effective panel review meetings. The revised form will include additional quality measures, such as **Up-to-Date and Due (U&D) Status**, and **assessment completion rate (%)**.

These updates will help teams identify documentation and assessment gaps before meetings, streamline preparation, and improve the consistency of quality reviews. By completing the JotForm in advance, staff can expect to reduce panel review meeting times from approximately **90 minutes to less than 60 minutes**, saving about **30 minutes per review** and allowing more time to focus on participant care, care coordination, and action planning.

Running reports is an important step in preparing a panel review. The **Use and Disclosure Rates**, **SASH Coordinator Assessment Rates**, and **Wellness Nurse Assessment Rates** reports, all under the **QA Reports** section, will give you overall rates at each of your panels. This lets you quickly get the information you need to fill out the pre-panel review JotForm and see how your panel is doing ahead of the review. Staff who need assistance accessing or interpreting this data are encouraged to contact the SASH Help Desk for support before implementation. The changes reflect our ongoing commitment to quality improvement and enhancing the panel review process for both staff and participants.

Software Systems Update

Did you know that there are over 35 on-demand reports available to you in FAMCare? [This desk aid](#) lists all reports currently in FAMCare. You can find this list on the [FAMCare Training and Desk Aids](#) page on STAR. We also have desk aids describing the columns for each report on the bottom of the STAR FAMCare page.

If there is a report you would like which is not available, you can always fill out the [data request form](#), also found on STAR. Just about anything entered in FAMCare can be turned into a report, so there are countless possibilities!



Healthy Aging Series

Casey Doerner completed the ***Professional in Age-Friendly Health Care*** certification course through the Institute for Healthcare Improvement. Part of that course was reviewing the changes that occur with aging. Check out the first segment on the peripheral nervous system.

Peripheral Nervous System: Aging and Its Impact

In Case You Missed It!

If you've wanted to try the Task Feature in FAMCare, be sure to check out this new desk aid! You can find the [desk aid here](#), or by visiting the [FAMCare Training and Desk Aids page on STAR](#). Reach out the SASH Helpdesk with any questions or for additional training.

SASH Monthly Webinars

- 7/14 at 1:00 pm - SASH Nurse Meeting
- 7/21 at 9:00 am - Software Systems Webinar
- 7/22 at 12:00pm - R & R CIRCLES: (Supervisor Edition)
- 8/11 at 1:00 pm – SASH Nurse Meeting
- 8/18 at 9:00 am - Software Systems Webinar
- 8/20 at 9:00 am - Joint Webinar: Food as Medicine for Diabetes
- 9/8 at 1:00 pm – SASH Nurse Meeting

[Partner Conferences/Trainings](#)

- 7/9 - The Role of CHW in Comprehensive Dementia Care
 - 7/16 - Practical Communication & Engagement Strategies for Residents w Dementia
-

SASH Referrals

Statewide
Contacts

Admin Team

Website

STAR



SASH at Cathedral Square, 412 Farrell St., Suite 100, South Burlington, VT 05403

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